

Measure of Audiologic Rehabilitation Self-Efficacy for Hearing Aids (MARS-HA)

- Description:** The Measure of Audiologic Rehabilitation Self-Efficacy for Hearing Aids (MARS-HA) Questionnaire is a 24 item self-assessment of a patient's ability to do certain activities with a hearing aid as well as the patient's abilities to hear in certain situations. In particular, the MARS-HA measures four factors: 1) Basic Handling, 2) Advanced Handling, 3) Adjustment, and 4) Aided Listening. As self efficacy is domain-specific, assessing the patient's own perceptions of how confident he/she is within these areas can help the clinician target specific areas of audiologic rehabilitation for hearing aids in which the patient needs to be helped.
- Instructions:** Provide the patient with the questionnaire and writing instrument. It is important to review the instructions with the patient and ensure that the patient is answering the questions in regards to the confidence that he/she has ***right now*** relating to the given task or behavior. If the patient is unfamiliar with hearing aids, then please instruct the patient to respond to the questions as if he/she were being asked about general abilities similar to those described in the questions.
- Scoring:** The MARS-HA subscale and total scale scores are calculated by taking the average of the item responses. An average less than or equal to 80% (i.e. where the patient is reporting low or moderate self-efficacy) indicates the need for counseling / rehabilitation in this area.
- Factor 1 – Basic Handling:
Questions # 1 – 5, 7, 10
- Factor 2 – Advanced Handling:
Questions # 6, 8, 9, 11, 12
- Factor 3 – Adjustment:
Questions # 13 – 15
- Factor 4 – Aided Listening:
Questions # 16 – 24
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