

MARS-HA

Directions:

These questions ask about your ability to do certain activities with a hearing aid, and they also ask about your ability to hear in certain situations. If you have never been in these situations, then make your best guess about how well you would do. If you have never used a hearing aid, then respond by thinking about your general ability to do things like the activities described here. For example, how good are you at naming the make and model of other things you own? Or how good are you at changing the batteries for other things you own? If you have seen a hearing aid, then you may or may not know how to use one. Maybe you received some instruction on hearing aids and maybe not. Given what you know right now, indicate how confident you are that you could do the things described here.

If you believe that you cannot do the task described, then circle 0% for "Cannot do at all" on the rating scale.

If you are absolutely certain that you can do the task, then circle 100% for "Certain can do" on the rating scale

If you are feeling somewhat unsure, then pick a number in between 0 and 100 on the rating scale that indicates how confident you are that you can do the described activity. Higher numbers indicate greater certainty.

0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this

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PRACTICE STATEMENTS:

The following two statements are intended to give you practice using the rating scale described on the previous page. Please circle the percentage that best describes your confidence, right now, regarding each practice statement.

P-1: I can lift a 10-pound object with ease.

How certain are you that you can do this? (circle a percentage)										
0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this

P-2: I can easily tell the difference between a 19-pound object and a 20-pound object.

How certain are you that you can do this? (circle a percentage)										
0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this

This is the end of the practice statements. Please turn the page and circle the percentage that best describes your confidence, as of now, regarding your hearing aid manipulation skills and listening skills.

1. I can insert a battery into a hearing aid with ease.

How certain are you that you can do this task? (circle a percentage)										
0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this

2. I can remove a battery from a hearing aid with ease.

How certain are you that you can do this task? (circle a percentage)										
0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this

3. I can tell a right hearing aid from a left hearing aid.

How certain are you that you can do this task? (circle a percentage)										
0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this

4. I can insert hearing aids into my ears accurately.

How certain are you that you can do this task? (circle a percentage)										
0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this

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5. I can remove hearing aids from my ears with ease.

How certain are you that you can do this task? (circle a percentage)											
0%	10	20	30	40	50	60	70	80	90	100%	
Cannot do this at all					Moderately certain can do					I am certain I can do this	

6. I can identify the different components of a particular hearing aid (i.e., microphone, battery door, vent, sound outlet, etc.)

How certain are you that you can do this task? (circle a percentage)											
0%	10	20	30	40	50	60	70	80	90	100%	
Cannot do this at all					Moderately certain can do					I am certain I can do this	

7. I can operate all the controls on a particular hearing aid (knobs, switches, and/or remote control) appropriately.

How certain are you that you can do this task? (circle a percentage)											
0%	10	20	30	40	50	60	70	80	90	100%	
Cannot do this at all					Moderately certain can do					I am certain I can do this	

8. I can stop a hearing aid from squealing.

How certain are you that you can do this task? (circle a percentage)											
0%	10	20	30	40	50	60	70	80	90	100%	
Cannot do this at all					Moderately certain can do					I am certain I can do this	

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9. I can troubleshoot a hearing aid when it stops working.

How certain are you that you can do this task? (circle a percentage)										
0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this

10. I can clean and care for a hearing aid regularly.

How certain are you that you can do this task? (circle a percentage)										
0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this

11. I can name the make and model of a particular hearing aid.

How certain are you that you can do this task? (circle a percentage)										
0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this

12. I can name the battery size needed for a specific hearing aid.

How certain are you that you can do this task? (circle a percentage)										
0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this

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13. I could get used to the sound quality of hearing aids.

How certain are you that you can do this task? (circle a percentage)											
0%	10	20	30	40	50	60	70	80	90	100%	
Cannot do this at all					Moderately certain can do					I am certain I can do this	

14. I could get used to how a hearing aid feels in my ear.

How certain are you that you can do this task? (circle a percentage)											
0%	10	20	30	40	50	60	70	80	90	100%	
Cannot do this at all					Moderately certain can do					I am certain I can do this	

15. I could get used to the sound of my own voice if I wore hearing aids.

How certain are you that you can do this task? (circle a percentage)											
0%	10	20	30	40	50	60	70	80	90	100%	
Cannot do this at all					Moderately certain can do					I am certain I can do this	

16. I could understand a one-on-one conversation in a quiet place if I wore hearing aids.

How certain are you that you can do this task? (circle a percentage)											
0%	10	20	30	40	50	60	70	80	90	100%	
Cannot do this at all					Moderately certain can do					I am certain I can do this	

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17. I could understand conversation in a small group in a quiet place if I wore hearing aids.

How certain are you that you can do this task? (circle a percentage)										
0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this

18. I could understand conversation on a regular telephone if I wore hearing aids.

How certain are you that you can do this task? (circle a percentage)										
0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this

19. I could understand television if I wore hearing aids.

How certain are you that you can do this task? (circle a percentage)										
0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this

20. I could understand the speaker/lecturer at a meeting or presentation if I wore hearing aids.

How certain are you that you can do this task? (circle a percentage)										
0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this

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21. I could understand a one-on-one conversation in a noisy place if I wore hearing aids.

How certain are you that you can do this task? (circle a percentage)										
0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this

22. I could understand conversation in a small group while in a noisy place if I wore hearing aids.

How certain are you that you can do this task? (circle a percentage)										
0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this

23. I could understand a public service announcement over the loudspeaker in a public building if I wore hearing aids.

How certain are you that you can do this task? (circle a percentage)										
0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this

24. I could understand conversation in a car if I wore hearing aids.

How certain are you that you can do this task? (circle a percentage)										
0%	10	20	30	40	50	60	70	80	90	100%
Cannot do this at all					Moderately certain can do					I am certain I can do this