

Listening Self-Efficacy Questionnaire (LSEQ)

Description: The Listening Self-Efficacy Questionnaire (LSEQ) is an 18-item measure that quantifies the patient's confidence in listening to speech in the following areas: (1) one-on-one dialogue in quiet settings, (2) directed listening in which the listener focuses attention on a single source of speech, and (3) complex listening situations such as listening to speech in competing noise, or at a distance. The clinician can use the LSEQ responses to identify areas in which a patient is reporting low or moderate listening self-efficacy (i.e., <80%) and provide intervention accordingly.

Instructions: Provide the patient with the appropriate version of the questionnaire (unaided or aided version) and writing instrument. It is important to review the instructions with the patient and ensure that the patient is answering the questions in regards to the confidence that he/she has ***right now*** regarding the given task or behavior. The clinician can use the LSEQ responses to identify areas in which a patient is reporting low or moderate listening self-efficacy (i.e., <80%) and provide intervention accordingly.

Estimated completion time: 10 minutes.

Scoring: The LSEQ subscale and total scale scores are calculated by taking the average of the item responses.

One-on-One Dialogue in Quiet Settings Subscale:
Questions # 1 – 2

Directed Listening Subscale:
Questions # 3 – 10

Complex Listening Subscale:
Questions # 11 – 18

Overall Listening Self-Efficacy:
Questions #1 - 18