

Practice

The following two items have nothing to do with listening and are intended only to give you practice using the response scale. Please circle the percentage that best describes your confidence, right now, regarding each practice statement.

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| <p>P-1: I can lift a 10-pound object with ease.</p> | <p align="center">How certain are you that you can do this <u>right now</u>? (circle one %)</p> <p>0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%</p> <p>Cannot do this at all Moderately certain I am certain I can do this I can do this I can do this</p> |
| <p>P-2: I easily can tell the weight difference between a 19-pound object and a 20-pound object.</p> | <p align="center">How certain are you that you can do this <u>right now</u>? (circle one %)</p> <p>0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%</p> <p>Cannot do this at all Moderately certain I am certain I can do this I can do this I can do this</p> |

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| 7. I can understand the TV. | <p>How certain are you that you can do this <u>right now</u>? (circle one %)</p> <p>0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%</p> <p>Cannot do Moderately certain I am certain</p> <p>this at all I can do this I can do this</p> |
| 8. I can understand a lecture in a small, quiet room. | <p>How certain are you that you can do this <u>right now</u>? (circle one %)</p> <p>0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%</p> <p>Cannot do Moderately certain I am certain</p> <p>this at all I can do this I can do this</p> |
| 9. I can understand a lecture in a large, quiet room. | <p>How certain are you that you can do this <u>right now</u>? (circle one %)</p> <p>0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%</p> <p>Cannot do Moderately certain I am certain</p> <p>this at all I can do this I can do this</p> |
| 10. I can understand an announcement over a loudspeaker in a quiet place. | <p>How certain are you that you can do this <u>right now</u>? (circle one %)</p> <p>0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%</p> <p>Cannot do Moderately certain I am certain</p> <p>this at all I can do this I can do this</p> |
| 11. I can understand an announcement over a loudspeaker in a noisy place, such as at a sporting event. | <p>How certain are you that you can do this <u>right now</u>? (circle one %)</p> <p>0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%</p> <p>Cannot do Moderately certain I am certain</p> <p>this at all I can do this I can do this</p> |
| 12. I can understand one-on-one conversation when a person is speaking from another part of the house. | <p>How certain are you that you can do this <u>right now</u>? (circle one %)</p> <p>0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%</p> <p>Cannot do Moderately certain I am certain</p> <p>this at all I can do this I can do this</p> |

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| 13. I can understand one-on-one conversation while the speaker is doing dishes and facing away from me. | <p>How certain are you that you can do this <u>right now</u>? (circle one %)</p> <p>0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%</p> <p>Cannot do this at all Moderately certain I can do this I am certain I can do this</p> |
| 14. I can understand conversation when someone speaks in a whisper. | <p>How certain are you that you can do this <u>right now</u>? (circle one %)</p> <p>0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%</p> <p>Cannot do this at all Moderately certain I can do this I am certain I can do this</p> |
| 15. I can understand one-on-one conversation with continuous background noise, such as a fan. | <p>How certain are you that you can do this <u>right now</u>? (circle one %)</p> <p>0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%</p> <p>Cannot do this at all Moderately certain I can do this I am certain I can do this</p> |
| 16. I can understand one-on-one conversation when several conversations are going on at the same time. | <p>How certain are you that you can do this <u>right now</u>? (circle one %)</p> <p>0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%</p> <p>Cannot do this at all Moderately certain I can do this I am certain I can do this</p> |
| 17. I can understand group conversations in a noisy background. | <p>How certain are you that you can do this <u>right now</u>? (circle one %)</p> <p>0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%</p> <p>Cannot do this at all Moderately certain I can do this I am certain I can do this</p> |
| 18. I can understand conversation on a cell phone while in a noisy background. | <p>How certain are you that you can do this <u>right now</u>? (circle one %)</p> <p>0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%</p> <p>Cannot do this at all Moderately certain I can do this I am certain I can do this</p> |